

Use Your Accessories for a more Youthful Look!



When a woman reaches a certain age it takes planning and coordination to achieve the nonchalant appearance of having 'thrown together' something that looks quite stunning!

You will find plenty of advice on styles, colours, fabrics and textures that work for your new body shape, and help you create your own personal fashion statement. Unfortunately there is little advice to help you get the most out of your accessories.

Many of the necklaces, bangles and earrings that we see nowadays are designed for a younger face; a more youthful chin and neck.

But, use these tried and true tips to help you add that cutting edge:

Wear necklaces that fall to the collar bone or lower. The chokers that looked so fabulous in your 20's, now draw unwanted attention to the jaw line. A longer necklace will draw the eye down and make you look longer and leaner.



If the skin of your neck has a crepe appearance (the dreaded chicken-skin look), wear your hair so it hits just below the chin; this will bring the eyes up and away from the neck area. As will good make-up application that brightens your face and draws the eye up.



Got jowls? Wear gorgeous earrings to draw attention to the ears and pull the eyes up, and away from the jowls. Large pearls surrounded by some diamonds (real or fake), look wonderful with almost anything. **Stay away from drop earrings** ... they hang down and finish at the level of the jowls, and they will make your chin look more droopy ...

Add some bling! Pearls are always a great choice, because not only can you wear them for a formal look, they also make jeans and a t-shirt look fabulous.

Jazz up your arms with colourful bangles or bracelets. Bangles are great fun and are available in so many colours and sizes. Wear several at once, even with your watch; very youthful ...



Finally, get some colourful scarves - there are so many ways to wear them! They are elegant and stylish, and a casual scarf can even dress up a t-shirt with jeans!

The bottom line? Don't be afraid to accessorise! Think bling and colour, but keep in mind, at a certain age, **less is definitely more.**